



Foundations of Connection: Practical Training in Essential Relationship Skills

September 20th & 21st, 2025

9:00 am -5:30 pm

Location: The Source, Blu Room 1111
Carlisle SE, Albuquerque, NM

For registration & inquiries:

 France.Sarradon.re@gmail.com

 Relationship-Enhancement-NM.org

 Call or Text France Sarradon (505) 344-9977

**Early Bird & Multi
Registration
DISCOUNTS!**



FRANCE SARRADON, MA, LPCC, LMFT France Sarradon's approach is based on her profound empathy, humanistic principles, multicultural experience and humor, the sharing of relationship skills, and her 50 years of experience. France counsels individuals and couples, leads classes and workshops, and trains professionals (therapists, group leaders, managers ...), both in the US and in France. France also trains people in businesses and organizations.

WORKSHOP DETAILS

Pricing:

- Early Bird Registration
\$260 per person, or
\$480 for 2 people if paid in full on or before 08/20/2025
- Registration: \$300 per person, or \$540 for 2 people (After 8/20/2025)
- Special discounts if you sign up and pay for two or more workshops at the same time

In this workshop you will learn and practice to:

- Listen deeply, with empathy and the intention to understand the other and make sure the person feels heard.
- Speak authentically, to be heard and understood, avoiding defensive reactions.
- Have fruitful discussions and get to solutions that do take your needs and others' needs into consideration.
- Diffuse conflicts, and resolve even long-standing ones.
- Learn tools to create, deepen, or heal your relationships. Invite friends or family to come with you.
- Practice these new skills you have in your toolbox so you can use them immediately in all types of relationships.

Who would benefit from signing up?

- Sign up as individuals and/or partners (broadly defined), family & friends
- Therapists or professionals dealing with people (human resource, social worker, manager). Learn the basic skills before getting trained in RE Therapy (a training workshop will follow on Nov. 8th & 9th) and if you want to get certified by the National Institute of Relationship Enhancement (NIRE).
- You can also encourage your clients to attend this workshop as it has been shown to then facilitate both individual therapy and couples counseling.

Other benefits:

- This workshop gives 13 CEUs.
- The Foundations of Connection Workshop is a prerequisite for the Advanced and the Professional Workshops.