

1-Day RE Basic Skills

June 12th, 2026


9:00 am to 5:30 pm

**Location: The Source, Blu Room
1111 Carlisle SE
Albuquerque, NM 87106**

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**Early Bird & Multi
Registration
DISCOUNTS!**

For registration & inquiries:

 France.Sarradon.re@gmail.com

 Relationship-Enhancement-NM.org

 Call or Text France Sarradon (505) 344-9977



FRANCE SARRADON, MA, LPCC, LMFT France Sarradon's approach is based on her profound empathy, humanistic principles, multicultural experience and humor, the sharing of relationship skills, and her 50+ years of experience. France counsels individuals and couples, leads classes and workshops, and trains professionals (therapists, group leaders, managers ...), both in the US and in France. France also trains people in businesses and organizations.

WORKSHOP DETAILS

In this workshop you will learn:

- The theoretical background of Relationship Enhancement® (RE)
- Listen Empathically and check your understanding so that the other feels really heard.
- Speak authentically, to be heard and understood, avoiding defensive reactions.
- Have fruitful discussions and get to solutions that take your needs and others' needs into consideration.
- Diffuse conflicts, and resolve even long-standing ones.
- Tools to create, deepen, or heal your relationships.

Modalities:

- 20% will bring theoretical information.
- 80% of the workshop will be demonstrations and mostly practice with positive and supportive coaching.

Other benefits:

- Eligible for the Professional Workshop if you have not attended a 2-day workshop.

This workshop gives 7 CEUs

Pricing:

- \$180 per person for early-bird registration (on or before 05/22/2026)
- \$200 after 05/22/2026
- Special discounts for groups of 3+ or multiple workshop registrations paid together.

“What matters most to me is being able to teach Relationship Enhancement® skills to those who want to learn and grow. If cost is a concern, please don’t hesitate to reach out — I’m happy to talk with you.”

Who would benefit:

- As a review from a previous 2-day workshop
- Therapists or professionals dealing with people (human resource, social worker, manager). To learn the basic skills before the training workshop that follows on June 13th & 14th
- As a first step with the professional workshop to get certified as a Relationship Enhancement® therapist.